

## Principal's Report

Dear parents, friends and students of Ararat Primary 800,

Tuesday marked a very special occasion on our events calendar as we celebrated **Harmony Day, 2016**, in the lead up to Cultural Diversity Week. Our fourth Harmony Day was an outstanding opportunity to recognise the remarkable contributions that people who have come from different countries have made to Australia, and to celebrate the fact that "Everyone Belongs". Special thanks to our specialist team – Mrs Jerram, Ms Fisc and Miss Sharp for coordinating the day's events. Please take a moment to appreciate our "Hand Around the School" playground art work, before it's washed away.

In keeping with our wellbeing focus, tomorrow we'll recognise the **National Day of Action Against Bullying and Violence**. As a formally registered school, we're highly pro-active in discussing the impact of bullying behaviour, and this day presents an opportunity for students, teachers, parents and the whole community to take a stand together in saying,

**"Bullying. No way! Take a Stand Together!"**,

and to strengthen our everyday messages that bullying and violence at school and in the community are not okay at any time. A few definitions and 'helpful hints' from the National Safe Schools Framework have been included overleaf for discussion with your children.

Our March meeting of **School Council** was conducted on Tuesday of this week, and we're very pleased to announce our elected Council office bearers for 2016:

President – Mr Adam Merrick  
Vice President – Mr Jamie Toner  
Treasurer – Ms Kylie Plunkett

We wish them all the best in their official roles. On behalf of our School Council, I'd also like to express sincere thanks to our retiring council member, Angela Day, who has worked tirelessly for our students and school during her term in office.

The following **committees of Council** have been established for 2016: Finance, Buildings and Grounds and Community Connections. These committees meet on a monthly basis and make recommendations for action to Council. Their meetings are open to all members of our school community, and we encourage your involvement. In addition, we will continue our Policy and Planning Committee, which will meet once per term to review and update current policy statements. Details of committee meeting times and venues are available from the office. We

invite you to take an active role in the leadership and governance of Ararat Primary School into the future.

Our students will be out and about during the next few days, representing Ararat Primary at a range of school and community events. **We wish them all the best!**

- Our 'Junior Rockers' will perform tonight at the official launch of the **2016 Jailhouse Rock Festival**, and will be back in action in Barkly Street on Saturday at 11:00am and 1:00pm
- Our **Regional Swimming** team will take to the water at the Ballarat Aquatic Centre on Friday: Louise Cooper, Sevahn Maxwell, Sophie Cooper, Summer Merrick, Ashlyn Wheeler, Adam Quiao, Hugh Toner, Sonny Kettle and Jack Manning
- Our stilt-walking team will showcase their remarkable skills on Sunday, as part of the **Ballarat Harmony Fest**.

Excitement is building in the lead up to next Monday's **Ararat Primary Athletics Sports**, to be conducted at the Alexandra Oval. **Please note that all students will commence and finish the day at the oval - children need to arrive at 8:45am and be collected between 2:45 and 3:00pm.** Special bussing arrangements are in place for country bus travellers and our before-school-care students. Good luck to the team members of Mitchell, Sturt, Flinders and Henty as they strive to achieve their personal best. We hope that you are able to join us for this very special event on our school calendar.

Finally, our very busy first term will conclude on Thursday of next week. We invite you to join us for our end of term assembly at 12:00 in the Learning Centre, prior to school dismissal at 1:20pm. Bus travellers will be supervised until their departure at 2:20pm.

Kind regards,

Jennifer Molan

## Sesquicentenary Paver Project . . .

Due to continued interest in the Paver Project from last year, an order form has been enclosed with this week's newsletter.

Please ensure that all orders and payment are returned to the front office by Monday, May 16th, 2016 (the anniversary of our Sesquicentenary).

School values: Respect Honesty Self Awareness Learning Belonging

### SCHOOL PHOTOS

Please note the following date in your diary:

**TUESDAY, APRIL 19th.**

Order envelopes will be distributed during the first week of Term 2.



### TERM DATES 2016

Term 1: 1st February - 24th March  
Term 2: 11th April - 24th June  
Term 3: 11th July - 16th September  
Term 4: 3rd October - 20th December

# BULLYING. NOWAY! Take a Stand Together!

## What is bullying?

At Ararat Primary School we define bullying behaviour as:

- Targeted
- Repeated
- Harmful; and involving a
- Power imbalance



Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious or hidden. **Some conflicts between children are a normal part of growing up and are to be expected. Single incidents and conflicts or fights between equals, whether in person or online, are not considered bullying, even though they may be upsetting and need to be resolved.**

## Bullying can happen:

- face-to-face (e.g. pushing, tripping, name-calling)
- at a distance (e.g. spreading rumours, excluding someone)
- through information and communications technologies (e.g. use of SMS, email, chat rooms).

## Why does it happen?

Bullying, like harassment, discrimination and violence, can occur to some extent in all primary and secondary schools. Some reasons why children might bully someone include:

- they think it's fun, or that it makes them popular or cool
- they feel more powerful or important, or they want to get their own way all the time
- they feel insecure or lack confidence or are trying to fit in with a group
- they are fearful of other children's differences
- they are jealous of another child
- they are unhappy
- they are copying what they have seen others do before, or what has been done to them.



Bystanders who are passive (take no action) or behave in ways that give silent approval (watching, nodding, walking away) encourage the behaviour to continue. When bystanders defend or support the student who is being targeted, often the bullying stops quickly.

## Bullying – what can you do?

If it happens in person:

- ignore them
- tell them to stop and then walk away
- pretend that you don't care
- go somewhere safe
- talk to an adult who can help you

## If it happens online:

- avoid responding to the bullying
- block and report anyone who is bullying online
- protect yourself online – use privacy settings and keep records



## If you see someone being bullied:

- leave negative online conversations – don't join in
- support others being bullied, and speak to an adult who can help

## If it doesn't stop:

- talk to an adult (parent, teacher) who can help stop the behaviour
- keep asking for support until the bullying stops.





## 2016 Ararat Primary School Athletic Sports

		Assemble in lines (as per Monday assembly) with class and mark class rolls. Move to age group teacher to get competitor tag and start first event.																
9:00 9:10	High Jump 1	High Jump 2	High Jump 3	High Jump 4	Shotput & Bean Bag 1	Shotput 2 & Bean Bag	Shotput 3	Shotput 4	Discus 1 Tennis ball	Discus 2 Vortex	Discus 3	Discus 4	Long Jump 1	Long Jump 2	Triple Jump	Tunnel Ball	Sprint Heats	
<b>Distance race 800m for 9/10/11/12&amp;13yr Age Groups</b>																		
<b>Boys and Girls Race together (optional event)</b>																		
9:30 - 10:00	10yr Girls	12/13yr Boys	12/13yr Girls	If Need	8yr Boys (sp)	8yr Girls			5/6yr Girls (tb)	7yr Boys (v)	9yr Boys	9yr Girls	11yr girls	11yr boys	10yr boys			7 girls 50m
10:00 - 10:30	10yr Boys	11yr Girls	11yr Boys		9yr Boys (sp)	9yr Girls			5/6yr Boys (tb)	7yr Girls (v)	8yr Boys	8yr Girls	12/13yr boys	12/13yr girls	10yr girls			7 Boys 50m
10:30 - 11:00	8yr Boys	8yr Girls			5/6yr Girls (bb)	7yr Boys	12/13yr Girls	12/13yr Boys		11yr Girls (d)	10yr Boys		10yr Boys	10yr girls	11yr boys			
11:00 - 11:30	9yr Boys	9yr Girls			5/6yr Boys (bb)	7yr Girls	11yr Boys	10yr Boys	12/13yr Girls (d)	12/13yr Boys (d)	10yr Girls		8yr Boys	8yr Girls	11yr girls			
11:30 - 12:00							10yr Girls	11yr Girls	10yr Boys (d)	11yr Boys (d)			5/6yr Girls	5/6yr Boys	12/13yr boys	7 Boys & 7Girls		
12:00 - 12:30														7yr Boys	7yr Girls	5/6 Boys & 5/6 Girls		
12:30 - 1:30	Sprint Races to begin at 12:30 (9 Boys and 9 Girls at the end of sprints to allow for Long Jump to finish. 5/6 50m sprint heats <b>7 year old 50m sprint (completed earlier in the day due to extended break)</b> 8/9/10/11/12&13 100m sprint.																	
1:30 - 2:30	<b>Sprint Finals</b> - 6, 7, 8, 9, 10, 11, 12 <b>Spoke Relays at completion of sprint finals for 5/6 &amp; 7 Year olds</b> <b>Relays</b> 8yrs 9yrs 10yrs 11yrs 12/13yrs boys and girls <b>Snr – 4x100m relay</b> <b>Presentations</b> - Move to PA system in House groups ready for announcements. <b>Bus travellers /Childcare chn to catch bus back to school (Tammy D and Carol)</b>																	

# Ararat YMCA Holiday Adventure Program

The Ararat YMCA Holiday Program is running over the Term One school holidays, with an extensive morning and afternoon program planned for both weeks, starting on Tuesday March 28th.

Booking sheets are available now at OSHC sites, and new enrolments can be made online. See below for details.

Spaces are filling fast, so act fast.



## Book Now!

For **NEW** enrolments book online  
[www.grampians.ymca.org.au](http://www.grampians.ymca.org.au)

Further enquiries contact  
 YMCA Children Services on 5358 1100



March 18th Rhyder Simpson

20th Lucas Clarke

21st Jye Hull  
 Stella McAdie

22nd Caleb Nicolaci



## SRC Easter Raffle

Please return all tickets and money in an envelope to the front office by

**Monday March 21st**

This includes all unsold tickets as well



The raffle will be drawn on Thursday March 24th  
 at end of term assembly.

All money raised will be donated towards purchasing  
 Library resources.

Donations of Easter eggs are being accepted  
 at the front office.



MON	TUE	WED	THU	FRI
	 School Banking processed on Tuesdays	 <b>SUNSMART POLICY</b> Hats must be worn when outside during Term One	17th  Sporting Schools #5 Rock 'n' Roll Dance Lesson #4 Jailhouse Rock Official Launch	18th LUNCH ORDERS <b>Bullying. No Way! Day</b> <b>Regional Swimming Ballarat</b> Sporting Schools #6
21st <b>Prep to 6 Athletics Carnival</b> Students to be dropped off and picked up from Alexandra Oval	22nd  Year 5-6 School Production auditions	23rd  Bamboozle 3:30 - 4:45pm	24th  <b>Assembly at 12:00 1:20 dismissal</b>	25th  <b>Good Friday</b>
<b>School Holidays - Term 2 commences on Monday 11th April</b>				
April 11th  Term two commences	12th	13th	14th	15th LUNCH ORDERS

Stay up to date with all our news and events by following us on our website. All school notes sent home can be found in our virtual office.

You can find us at:

[www.araratps.vic.edu.au](http://www.araratps.vic.edu.au)

## SCHOOL WORKING BEE

Monday April 4th and Saturday April 9th  
 9:00am to 12pm

Playscape and school grounds

Contact Adam Merrick email [adam@tfn.org.au](mailto:adam@tfn.org.au)

